



# Change your life now!

## Take the Miracle Manifestation Leap!

By Janet L. Hall, ND, CKP, AHG, CBT

Has it felt like you are taking baby steps toward changing your future? Want to reach your dreams now? Would you like someone to help coach you in all you are to divinely become and in manifesting the life you are really meant to live? Let us help you take leaps instead of baby steps to your goals!

For years we have been helping people with health, emotions, diet, weight loss, anti-aging, etc. Our clinic has been unique in treating mental and emotional aspects that affect health, sleep and energy but we found *people want so much more!* Today, we know that your lifestyle, how happy you are and other factors can either make or break your health and life. We use coaching strategies and techniques to help you be the best you can be and live the very best life you can live!

### What are you meant to be and to have?

Do you long to express and communicate well with others, but the fear of what others might think holds you back? Are there traits or habits you want to release such as procrastination, indecisiveness, accumulating clutter, or being disorganized? We have the techniques to get you on track!

What would your ideal self be like? Are you longing to live

from your heart, with your higher self fully connected to the divine? What are *your* divine gifts? Do you soar in your life, being the very best that you can be? These are questions we help you to address, find the answers for and live them fully blessed.

### What are you here to do?

You are very different from anyone else and so is the life mission you are meant to live. We have testing that really pinpoints and confirms your most fulfilling job/career (life mission) that you are called to do and will make you feel the happiest.

### How balanced is your life?

What part of your life do you thrive in and want the other parts of your life to be like? Sometimes an imbalance is very apparent; other times we are not consciously aware of it. We have a process that shows you not only where the imbalances are, but integrates your consciousness for harmony and balance. With balance, you wake up each day feeling gratitude, passion, drive and excitement.

### What are your goals & dreams? A partner? Wealth?

Whatever your goals and dreams, we help you to have them now!

We see changes so quickly from the new techniques we are using to help people achieve their goals! If you seem to have a cap on your income, or haven't found the relationship for you, we integrate for new possibilities and let the universe show you the way.

We use the techniques your body calls for. We act as guides to help you be independent in your own inner-knowing. We literally feng shui your life! We use miracle manifestation techniques, life change and empowerment integrations, neuro linguistic programming (NLP), positive universal connection, quantum physics, feng shui and much, much more *to be sure that we align your body, mind, emotion, spirit and lifestyle to what you really want to become for the kind of life you truly want to live!*

Come in and experience the miracles! Research shows that people only change in 3% increments per year from talk therapy. Life is too short to wait that long to really progress! **Call us for a free consultation today at 505-294-WELL (9355).**

ENJOY GREAT HEALTH AND SUCCESS!

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### ALTERNATIVE WELLNESS CENTER

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**505.294.WELL (9355)**  
[www.alternativewellnesscenter.org](http://www.alternativewellnesscenter.org)  
 Monday-Friday 9-5, Saturdays by appointment

Janet L. Hall has a Bachelor's degree in Natural Health and a Doctorate in Naturopathy. Janet is a Certified Kinesiologist, Herbalist, Biofeedback Technician, and Nutritional Consultant, as well as Owner of Alternative Wellness Center. Janet's Wellness Center is dedicated to healing, preventative health, life change and empowerment... helping people to "rise above!" [www.alternativewellnesscenter.org](http://www.alternativewellnesscenter.org).